



Accredited Professional Health and Safety
Qualifications in Association with



BRITISH SAFETY COUNCIL



nebosh

Professional Health, Safety and Environmental Qualifications

arco[®]



What if...

...you don't keep up with the complex and changeable risk compliance legislation or you need to upgrade your Health and Safety training? Make the wrong choice and you could find yourself on the wrong side of the law.

All the help you need with safety risk management and training, from a single "expert" source.

Arco has been at the forefront of the UK safety business for over a century and has earned the respect and confidence of many people for its knowledge and expertise. Working in partnership with some of today's leading Health and Safety training organisations, Arco now offer an unrivalled range of safety risk management and training services.

Call the Arco SRMS Team on

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Email

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or visit

www.arco.co.uk/srms

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What is a Professional Health and Safety Qualification?

Health & Safety as a recognised qualification within the workplace is a much sought after commodity these days. In the complex world of legislation and litigation, it is important that qualifications are acknowledged for the important part they play in keeping people safe at work.

What the law says

The **Health & Safety at Work Act 1974** requires businesses to provide whatever information, instruction, training and supervision as is necessary to ensure, so far as is reasonably practicable, the health & safety at work of their employees.

This is expanded in the **Management of Health & Safety at work regulations 1999**, which identifies situations where specific training is required, and when existing skills may need updating.

Arco have joined together with the British Safety Council (BSC) to offer a selection of training courses that meet the most common requirements within Occupational Health and Safety. It is important that any qualification is awarded by a professional and reputable organisation, such as the BSC.

Courses Available

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Training to suit you...

BSC courses are flexible and designed to take into account the time both the individual and the employer can afford.

Where to study?

BSC training is organised at quality venues across the UK.

On-site training?

BSC also offer the option of on-site training.

The British Safety Council



Why have Arco Chosen the British Safety Council?

The British Safety Council is one of the world's leading occupational health, safety and environmental organisations. Having been at the forefront of health, safety and environmental training for over 50 years, providing support and practical solutions to organisations in over 50 countries.

Who are the British Safety Council?

As a registered charity, the British Safety Council exist to help companies introduce, improve and maintain high standards of health, safety and environmental practice in the workplace. They passionately believe that by assisting organisations in the development of their health, safety and environmental systems and recognising improvements in this area; they will raise overall standards, thus leading to a reduction in the number of accidents and fatalities in the workplace.

Their training portfolio includes a fully-accredited suite of qualifications, supported by a range of short courses that deliver practical and proven benefits to clients.

What people say about their BSC training

"I am entirely satisfied with the service provided by the BSC and rate this as excellent in comparison to other awarding bodies with which I have contact."

"I would have no hesitation in recommending these qualifications to other companies within the UK."

NEBOSH (National Examination Board of Occupational Safety and Health)



Through their partnership with the British Safety Council, Arco are able to offer a range of accredited NEBOSH courses.

NEBOSH (The National Examination Board in Occupational Safety and Health) was formed in 1979 as an independent examining board and awarding body with charitable status. They offer a comprehensive range of globally-recognised, vocationally-related qualifications designed to meet the health, safety, environmental and risk management needs of all places of work in both the private and public sectors.

NEBOSH qualifications are highly respected in the UK and internationally recognised. Choosing a NEBOSH course through Arco will also help the student develop a skills portfolio that they can use to further their career. They provide the successful student with a qualification that proves their commitment to developing a career in health and safety.

BSC Level 2 Certificate in Risk Assessment

In accordance with the National Qualifications Framework

Course overview

This one day course is aimed at those with responsibility for carrying out risk assessments in the workplace.

The training sets out to develop sound and practical knowledge and understanding for day-to-day application in the workplace.

This course teaches delegates how to carry out a risk assessment in line with the Health and Safety Executives Five Steps to Risk Assessment and leads to a Level 2 qualification.

Assessment

Via a workplace-based risk assessment task which is delivered electronically to candidates.

Students will receive

- Up-to-date and practical training, supplemented with completely new learning materials and specially developed interactive learning sessions.
- A nationally-recognised, transferable qualification based on the national occupational standards.

Business Benefits

- Allows employers to get more of their staff properly qualified to carry out risk assessments, helping them to meet their legal obligations.



BSC Level 3 Certificate in Occupational Health and Safety

In accordance with the National Qualification Framework

Course overview

The BSC Level 3 Certificate is a professional qualification which provides managers, supervisors and employees with a broad knowledge and practical understanding of health and safety in the workplace.

The 10 day course is aimed at employees with responsibilities for health and safety who have received little or no formal structured training.

The training sets out to develop sound and practical knowledge and understanding for day-to-day application in the workplace and prepares each participant for the Level 3 qualification assessment.

Syllabus

Unit 1 Principals of Health and Safety

- Organising for health and safety
- Developing a positive health & safety culture
- Preventing accidents
- Occupational health provision
- Principals of health and safety law
- The Health Safety at Work Act 1974
- Offences, penalties and enforcement
- Health and safety management
- Risk assessment
- Persons at particular risk
- Safe systems of work
- Safe workplace
- Personal protective equipment

Unit 2 Applied Health and Safety

- Fire
- Emergency planning
- Electrical safety
- Work equipment
- Occupational transport and driving
- Construction and demolition
- Working at height
- Manual handling
- Mechanical handling and lifting operations
- Display screen equipment & workstations
- Chemical and biological standards
- Reporting and investigating hazards
- Protecting the environment

Assessment

One examination comprising short-answer questions and a stimulated risk assessment task based on a case study scenario.

Duration

10-day block course (one week per unit).

Students will receive

- A nationally recognised qualification which is universally accepted as a badge of professionalism and commitment.
- Meets the academic requirements for membership of IOSH at TechIOSH level and associate membership of IIRSM.
- Establishes a progression route for full-time Health and Safety Practitioners to the BSC Level 6 Diploma in Occupational Health and Safety.

Business Benefits

- Equips employees with the requisite knowledge and understanding to give effective health and safety advice.
- Provides employers with qualified personnel who can help to manage risk, reduce accidents and downtime and increase productivity and morale.



NEBOSH General Certificate in Health and Safety Provided by the British Safety Council

Course overview

The NEBOSH National General Certificate is the most widely held health and safety qualification in the UK with over 100,000 people having gained the award since it was launched in 1989. It is designed specifically for managers or supervisors who have health and safety responsibilities as part of their role but who are not health and safety specialists.

The course is appropriate for staff that have received little or no formal, structured training, or who wish to acquire an internationally recognised qualification. Many companies are now taking the concept of incorporating the General Certificate in Occupational Safety and Health 3 course as an integral feature of their development programme, with the principle objective of increasing management awareness of their responsibility. Such training has the effect of ensuring both legal compliance and reducing the costs of accidents and ill health at work.

Syllabus

Unit NGC1

- Foundations in health and safety
- Policy
- Organising for health and safety
- Promoting a positive health and safety culture
- Risk assessment
- Principles of control
- Monitoring, review and audit
- Incident and accident investigation, recording and reporting

Unit NGC2

- Movement of people and vehicles
- Manual and mechanical handling hazards and control
- Work equipment hazards and control
- Electrical hazards and control
- Fire hazards and control
- Chemical and biological health hazards and control
- Physical and psychological health hazards and control
- Construction activities hazards and control

Unit NGC3

- Health and safety practical assessment of a workplace and report

Assessment

- Two written examinations
- One practical workplace assessment report

The Certificate is awarded upon successful completion of each exam and practical application unit.

Duration

10-day block course (one week per unit).

Students will receive

- A nationally recognised health and safety qualification.
- The requisite knowledge and understanding to give effective health and safety advice.

Business benefits

- This can be a key part of supervisors' or management development programme within the business function.
- Allows line managers to gain a sound understanding of the principles of risk management so they can build an effective safety culture in the company.
- The certificate helps to manage risks effectively.
- It provides a valuable overview of the industry, and is a sound basis for further professional study.

BSC Level 3 NVQ in Occupational Health and Safety

Course overview

This NVQ Level 3 is for people at work such as Managers and Supervisors, who have health and safety responsibilities but are not at Practitioner level.

This open work-based programme assesses the competence of those with health and safety responsibilities, designed for those in 'hands on' roles involving health and safety.

The NVQ is now widely accepted in the commercial marketplace as an alternative to academic qualifications. It is a qualification that recognises the competence of a person in a work situation. Unlike traditional qualifications that rely on teaching and examinations, NVQ's use performance on the job as a basis for assessment.

Syllabus

Mandatory Units

- Make sure your own actions reduce risks to health and safety
- Develop procedures to safety control work operations
- Monitor procedures to safely control work operations
- Promote a health and safety culture within the workplace
- Conduct a health and safety risk assessment of a workplace

Plus any two of these units

- Investigate and evaluate health and safety incidents and complaints in the workplace
- Make sure your actions within the workplace aim to protect the environment
- Review health and safety procedures in the workplace
- Supervise the health, safety and welfare of a learner in the workplace

Assessment

By submission of a portfolio of evidence and observations by an independent assessor.

Duration

We generally expect candidates to complete an NVQ within 18 months of the start date.

Students will receive

- A nationally-recognised NVQ qualification
- Equips candidates with a level of competence and understanding of key working practices, offering a benchmark for good practice in the field.

Business Benefits

- Both employers and practitioners can use this qualification to improve Health and Safety practice within their organisation.

BSC Level 4 NVQ in Occupational Health and Safety Practice

Course overview

The Level 4 NVQ is suitable for those who are working in the area of general health and safety practice or managing the health and safety function. All such practitioners will be involved in the assessment of risks, the identification of hazards and determining strategies for control.

It is essentially for those individuals who are able to advise, influence and control policies and procedures covering relevant health and safety matters.

Syllabus

- Promote a positive health and safety culture
- Develop and implement the health and safety policy
- Develop and implement effective communication systems for health and safety information
- Develop and maintain individual and organisational competence in health and safety matters
- Identify, assess and control health and safety risks
- Develop and implement proactive monitoring systems for health and safety
- Develop and implement reactive monitoring systems for health and safety
- Develop and implement health and safety emergency response systems and procedures
- Develop and implement health and safety review systems
- Influence and keep pace with improvements in health and safety practice

Optional Units

- Develop and review the organisation's health and safety strategy
- Develop and implement health and safety audit systems
- Contribute to health and safety legal actions
- Develop and implement systems and procedures within the workplace to minimise
- environmental impact of the organisation

Assessment

By submission of a portfolio of evidence and observations by an independent assessor.

Duration

We generally expect candidates to complete an NVQ within 18 months of the start date.

Students will receive

- A nationally-recognised NVQ qualification
- It is a recognised qualification that can increase your chances of promotion and enhance your professional status.
- All successful NVQ Level 4 candidates can apply to become graduate level members of the Institute of Occupational Safety and Health (IOSH) and members of the Institute of Risk Assessment and Safety.

Business Benefits

- A hallmark that assures employers, clients and customers that you have a recognised level of competence and understanding of key working practices.

BSC Level 6 Diploma in Occupational Health and Safety In accordance with the National Qualifications Framework

Course overview

Designed for those wanting to advance their career in occupational health and safety practice.

The Diploma covers all aspects of occupational health and safety law and practice, and places emphasis on ill-health prevention. It also focuses on embedding health and safety into an organisation's culture and highlights the key role of communication in winning workforce 'hearts and minds' and securing senior management commitment.

Syllabus

Unit 1: Practical Health and Safety Management
Element A Fundamentals of Health and Safety Management
Element B Applied Health and Safety Management

Unit 2: Safeguarding People's Health in the Workplace
Element A Occupational Health
Element B Risks to Health at Work

Unit 3: Health and Safety Culture and Business
Element A Developing a Positive Health and Safety Culture
Element B Developing a Business Case for Health and Safety

There are 3 study routes with varying entry criteria according to your current experience and qualifications.

Route 1 - 5 week course

Entry requirement - An alternative appropriate qualification in a related sector, for example a degree in environmental health or appropriate experience in a health and safety role and previous attainment equivalent to Level 2 on the National Qualifications Framework (GCSE Grade A* - C or an O level or a vocational qualification)

Route 2 - 4 week course

Entry requirement - Level 3 qualification in health and safety, e.g. a BSC Awards Certificate in Safety Management or a National Examination Board in Occupational and Health (NEBOSH) Certificate awarded within the last five years.

Route 3 - 3 week course

Entry requirement - BSC Awards Diploma in Safety Management or equivalent, within the last five years.

Assessment

- Two examinations (Units 1 and 2)
- Workplace based assessment (Unit 3)

Duration

- 25 days (Unit 1-10days/Unit 2-10days/Unit 3-5 Days)

Students will receive

- A nationally recognised qualification which is universally accepted as a badge of professionalism and commitment.
- Meets the academic requirements for graduate membership of IOSH (GradIOSH) and full membership of IIRSM.
- Entitles holders to use the designatory letters DipOSH after their name.

Business Benefits

- Equips employees with the requisite knowledge and understanding to give effective health and safety advice.
- Provides employers with qualified personnel who can help to manage risk, reduce accidents and downtime, and increase productivity and morale.



NEBOSH National Diploma in Occupational Health and Safety Provided by the British Safety Council



Course overview

The NEBOSH National Diploma is a prestigious and demanding professional qualification that is designed to extend the specialist knowledge and understanding of safety and health practitioners. It combines theory with practical application to help develop an advanced understanding of the core principles which underpin the competency of an effective safety and health practitioner.

For aspiring practitioners, the NEBOSH Diploma offers mainstream route to a nationally recognised qualification. It allows those with a certificate level health and safety qualification to develop a professional career path, while providing a sound basis for progression to MSC or more specialist study.

Unit 1 - Managing Health and Safety

Syllabus

- Principles of health and safety management
- Loss causation and incident investigation
- Identifying hazards, assessing and evaluating risks
- Risk control and emergency planning
- Organisational factors
- Human factors
- Principles of health and safety law
- Criminal Law
- Civil Law
- Measuring health and safety performance

Unit 2 - Hazardous agents in the workplace

Syllabus

- General aspects of occupational health and hygiene
- Principles of toxicology and epidemiology
- Hazardous substance-evaluating risk
- Hazardous substance – preventive and protective measures
- Hazardous substances – monitoring and maintenance of control measures
- Biological agents
- Physical agents – noise and vibration
- Physical agents – radiation and thermal environment
- Psycho-social agents
- Ergonomic factors

Unit 3 - Workplace and work equipment safety

Syllabus

- General workplace issues
- Principles of fire and explosion
- Workplace fire risk assessment
- Storage, handling and processing of dangerous substances
- Work equipment
- Machinery safety
- Mechanical handling
- Electrical safety
- Safety in construction and demolition
- Environmental pollution and waste management

Unit 4 - Application of health and safety theory and practice

Assessment

- Three examinations (Units 1,2 & 3)
- Workplace based assessment (Unit 4)

Duration

35 days (Unit 1-15days/Unit 2-10days/Unit 3-10 Days)

Students will receive

- A nationally recognised health and safety qualification, that places the holder in a position to work across a diverse range of industry sectors as a professional health and safety practitioner.
- Holders of the NEBOSH National Diploma will be entitled to use the designatory letters “DipNEBOSH” after their name.
- On successful completion of the qualification delegates will be eligible to apply for graduate membership (GradIOSH) of the Institution of Occupational Safety and Health IOSH

This career enhancing qualification is designed to meet the academic requirements to apply for Graduate Membership (Grad IOSH) Institution of Occupational Safety and Health. This is the first step to becoming a Chartered Health and Safety Practitioner as a Chartered Member of IOSH (CMIOSH). It is also accepted by the International Institute of Risk and Safety Management (IIRSM) as meeting the academic requirements for full membership (MIIRSM).

The NEBOSH National Diploma in Occupational Health and Safety is accredited at Level 6 within the National Qualification Framework (NQF) by the office of the Qualifications and Examinations Regulator (Ofqual) in England, the Department for Children, Education, Lifelong Learning and Skills (DCELLS) in Wales and the Council for Curriculum, Examinations and Assessment (CCEA in Northern Ireland)

BSC Diploma in Environmental Management

Course overview

The Diploma in Environmental Management addresses the environmental issues critical to business. These issues include regulatory compliance, improved environmental performance and protection of the environment.

This Diploma aims to provide those with environmental responsibilities the essential knowledge, understanding and practical skills necessary to achieve good environmental practice within their own organisations. The course includes familiarisation with the latest technologies, techniques and environmental management strategies being employed around the world today.

Syllabus

Unit 1: Environmental Awareness and Compliance

Unit 2: Environmental Managements Systems

Unit 3: Environmental Tools and Techniques

Assessment

Assessment is by multiple-choice examination and work-based assignment, which demonstrates candidates' understanding and application of the subject matter.

Duration

15 days (Unit 1- 5days/Unit 2- 5days/Unit 3- 5 Days)

Students will receive

- Nationally recognised qualification.
- Entitles holders to use the designatory letters DipEM after their name.
- Holders of the DipEM are entitled to Associate Membership of the Institute of Environmental Management and Assessment (IEMA).
- Candidates also gain two points towards registration under the IEMA Environmental Auditors Registration Scheme.

Business Benefits

Completion of the DipEM will enable employees to develop and integrate environmental management systems in line with corporate strategic objectives in order to drive business success and deliver active commitment to your local community.

Price List

Product Code	Course Name	Price (Members)	Price (Non-Members)
2930300	BSC Level 2 Certificate in Risk Assessment	£295	£395
2930400	BSC Level 3 Certificate in Occupational Health and Safety (CertOSH)	£1,790	£2,300
2930100	NEBOSH National General Certificate (NGC)	£1,790	£2,300
2930500	BSC Level 3 NVQ in Occupational Health and Safety	£1,950	£2,360
2930600	BSC Level 4 NVQ in Occupational Health and Safety Practise	£2,250	£2,750
2930700	BSC Level 6 Diploma in Occupational Health and Safety (DipOSH)	£5,550	£7,250
2930200	NEBOSH National Diploma (ND)	£5,950	£7,700
2930800	BSC Diploma in Environmental Management (DipEM)	£3,750	£4,800

Membership of the British Safety Council will bring you many benefits and privileges, but most important of all, it puts you firmly on the first step of building a safer and more responsible business

For further information...

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Exposure to Hazards
Protecting you and your staff from exposure to hazardous substances



Good Health & Safety Practice Starts in the Boardroom
Occupational health, safety and wellbeing programmes developed for the directors and management of larger enterprises



Personal Protective Equipment Compliance
Comprehensive range of training and maintenance programmes for PPE



Working at Height
Training and maintenance programmes to keep people safe who work at height



Workplace Fire Safety
Fire risk consultancy
Fire safety training
Fire extinguisher advice & maintenance



First Aid
Compliance & emergency aid training programmes



Health and Safety Risk Management Protection for Small and Medium Sized Business
Affordable 24/7 support for a fixed monthly fee

